#### SECOND ON-SITE CORRECTIVE ACTION PLAN ASSESSMENT of

## LOWELL CORRECTIONAL INSTITUTION

for the

Physical and Mental Health Survey Conducted September 11-13, 2018

# CMA STAFF

Jane Holmes-Cain, LCSW Lynne Babchuck, LCSW

Distributed on November 27, 2019

#### I. Overview

On September 11-13, 2018, the Correctional Medical Authority (CMA) conducted an on-site physical and mental health survey of Lowell Correctional Institution (LOWCI). The survey report was distributed on October 15, 2018. In November 2018, LOWCI submitted and the CMA approved, the institutional corrective action plan (CAP) which outlined the efforts to be undertaken to address the findings of the LOWCI survey. These efforts included in-service training, physical plant improvements, and the monitoring of applicable medical records for a period of no less than ninety days.

### Summary of CAP Assessments for Lowell Correctional Institution

CAP #	Request Date for Monitoring Documents	CAP Assessment Date	Assessment Location	Total # Survey Findings	Total # Open Findings	Total # Findings Closed
1	5/25/19	6/13/19-6/14/19	On-site	70	42	28
2	10/25/19	11/21/19-11/22/19	On-site	28	20	9

### II. Physical Health Assessment Summary

#### A. Main Unit

The CAP closure files revealed sufficient evidence to determine that 7 of the 12 physical health findings were corrected. Five physical health findings will remain open. CF-1 was added for corrective action and monitoring.

Finding	Closed	<b>Open:</b> Evaluation of records indicated an acceptable level of compliance was not met	<b>Open:</b> No episodes were available for review	<b>Open:</b> Institutional monitoring was inadequate	<b>Open:</b> Institutional monitoring indicated compliance was not met
Chronic Illness Clinic PH-1: In 3 of 15 records reviewed, inmates were not seen according to their M-grade status.	X				

Finding	Closed	<b>Open:</b> Evaluation of records indicated an acceptable level of compliance was not met	<b>Open:</b> No episodes were available for review	<b>Open:</b> Institutional monitoring was inadequate	<b>Open:</b> Institutional monitoring indicated compliance was not met
<b>Gastrointestinal Clinic</b> PH-4: In 2 of 4 applicable records (13 reviewed), there was no evidence that inmates were screened for hepatocellular carcinoma at the required intervals.	X				
Miscellaneous Clinic PH-8: In 2 of 7 applicable records, a referral for specialty services was not completed in a timely manner.	X				
Neurology Clinic PH-10: In 3 records, the physical examination was incomplete.	X				
Neurology Clinic PH-11: In 2 of 2 applicable records, there was no evidence that abnormal labs were addressed timely.		X			
Infirmary PH-16: In 2 of 8 applicable inpatient records, nursing evaluations were not documented at the required intervals.	X				

Finding	Closed	<b>Open:</b> Evaluation of records indicated an acceptable level of compliance was not	<b>Open:</b> No episodes were available for review	<b>Open:</b> Institutional monitoring was inadequate	<b>Open:</b> Institutional monitoring indicated compliance was not met
		met			
Infirmary PH-18: In 4 of 6 applicable inpatient records, weekend and/or holiday phone rounds were not documented as required.	X				
<u>Consultations</u> PH-22: In 5 records, the consultation was not completed in a timely manner.		X			
<u>Consultations</u> PH-24: In 3 of 9 applicable records, the consultant's treatment recommendations were not incorporated into the treatment plan.		X			
Consultations PH-25: In 4 of 9 applicable records, additional diagnostic and/or laboratory testing was not completed as required.		X			
Medical Inmate Requests PH-27: In 5 of 7 applicable records, the response to the inmate request did not occur as intended.	X				
Periodic Screenings PH-29: In 3 records, Pap smears were not completed at the required intervals.		X			

# Additional Findings Opened:

Finding	Discussion
Additional Administrative Issues CF-1: Inmates with a history of malignancy were not enrolled in the oncology clinic.	Five inmates with a current malignancy or a recent history of cancer treatment were not properly enrolled in the oncology clinic.

# B. Annex

The CAP closure files revealed sufficient evidence to determine that 1 of the 2 physical health findings were corrected. One physical health finding will remain open.

Finding	Closed	<b>Open:</b> Evaluation of records indicated an acceptable level of compliance was not met	<b>Open:</b> No episodes were available for review	<b>Open:</b> Institutional monitoring was inadequate	<b>Open:</b> Institutional monitoring indicated compliance was not met
Gastrointestinal Clinic PH-3: In 4 of 9 applicable records (17 reviewed), there was no evidence inmates were screened for hepatocellular carcinoma as required.	X				

Finding	Closed	<b>Open:</b> Evaluation of records indicated an acceptable level of compliance was not met	<b>Open:</b> No episodes were available for review	<b>Open:</b> Institutional monitoring was inadequate	<b>Open:</b> Institutional monitoring indicated compliance was not met
Institutional Tour PH-12: Over-the-counter (OTC) medications were not logged or secured correctly in all dorms.		X			

# III. Mental Health Assessment Summary

# A. Main Unit

The CAP closure files revealed sufficient evidence to determine that 1 of the 4 mental health findings were corrected. Three mental health findings will remain open.

Finding	Closed	<b>Open:</b> Evaluation of records indicated an acceptable level of compliance was not met	<b>Open:</b> No episodes were available for review	<b>Open:</b> Institutional monitoring was inadequate	<b>Open:</b> Institutional monitoring indicated compliance was not met
Outpatient Psychotropic <u>Medication Practices</u> MH-3: In 1 of 4 applicable records, initial laboratory studies were not conducted as required prior to initiating psychotropic medications.	X				

Finding	Closed	<b>Open:</b> Evaluation of records indicated an acceptable level of compliance was not met	<b>Open:</b> No episodes were available for review	<b>Open:</b> Institutional monitoring was inadequate	<b>Open:</b> Institutional monitoring indicated compliance was not met
Outpatient Psychotropic Medication Practices MH-5: In 7 of 15 applicable records, the inmate did not receive medications as prescribed.		X			
Outpatient Psychotropic Medication Practices MH-6: In 7 records, psychiatry follow-up was not provided per protocol.					X
Mental Health Systems MH-8: There was no evidence that mental health group therapy was being provided as required.					X

# B. Annex Unit

The CAP closure files revealed sufficient evidence to determine that 0 of the 10 mental health findings were corrected. Ten mental health findings will remain open.

Finding	Closed	<b>Open:</b> Evaluation of records indicated an	<b>Open:</b> No episodes were	<b>Open:</b> Institutional	<b>Open:</b> Institutional monitoring indicated
		acceptable level of compliance was not	available for review	monitoring was inadequate	compliance was not met
		met			
Self-harm Observation Status		Х			
MH-2: In 4 records, the					
"Infirmary Admission Nursing					
Evaluation" (DC4-732) was not					
completed as required.					
Special Housing					X
MH-6: In 2 of 8 applicable					
records (13 reviewed), follow-up					
mental status exams did not					
occur within the required time					
frame.					
<b>Outpatient Mental Health</b>		Х			
Services					
MH-8: In 9 records, the					
Individualized Service Plan					
(ISP) was not signed by all					
relevant parties.					
Outpatient Mental Health Services					X
MH-9: In 3 of 14 applicable					
records, the ISP was not					
reviewed and revised within 180					
days.					
Outpatient Mental Health					Х
Services					
MH-10: In 5 records, problems					
were not recorded on the					
problem list.					

Finding	Closed	Open: Evaluation of	Open: No	Open:	<b>Open:</b> Institutional
		records indicated an	episodes were	Institutional	monitoring indicated
		acceptable level of	available for	monitoring was	compliance was not
		compliance was not	review	inadequate	met
		met			
Outpatient Mental Health					X
<u>Services</u>					
MH-11: In 2 of 9 applicable					
records, the Behavioral Risk					
Assessment was not completed					
within the required time frame.					
<b>Outpatient Mental Health</b>					X
Services					
MH-13: In 4 of 9 applicable					
records, the inmate was not					
receiving one hour of group or					
individual counseling per week					
as required in Close					
Management.					
Psychotropic Medication					X
Practices					
MH-15: In 6 records, follow-up					
psychiatry services were not					
conducted at appropriate					
intervals.		N			
Psychotropic Medication		X			
Practices					
MH-16: In 2 of 8 applicable					
records, the Abnormal					
Involuntary Movements Scale					
(AIMS) was not completed as					
required.					

Finding	Closed	<b>Open:</b> Evaluation of records indicated an acceptable level of compliance was not met	<b>Open:</b> No episodes were available for review	<b>Open:</b> Institutional monitoring was inadequate	<b>Open:</b> Institutional monitoring indicated compliance was not met
Psychotropic Medication Practices MH-17: In 1 of 2 applicable records, an order for medications without inmate consent was not documented as an Emergency Treatment Order (ETO).			X		

# **IV. Conclusion**

### **Physical Health-Main Unit**

The following physical health findings will close:PH-1, PH-4, PH-8, PH-10, PH-16, PH-18, and PH-27. All other physical health findings will remain open.CF-1 was added for monitoring and corrective action.

### **Physical Health-Annex**

The following physical health findings will close: PH-3. All other physical health findings will remain open.

### Mental Health-Main Unit

The following mental health findings will close: MH-3. All other mental health findings will remain open.

## **Mental Health-Annex**

All mental health findings will remain open.

Until appropriate corrective actions are undertaken by LOWCI staff and the results of those corrections reviewed by the CMA, this CAP will remain open. As some of the necessary steps to correct findings require further institutional monitoring, closure may take as long as three months. Follow-up assessment by the CMA will most likely take place through an on-site evaluation.